## TK-C Daily Schedule Options for Remote Learning

Before 7:30am	Wake Up	Get dressed, do hair, breakfast, dishes in sink, make bed, clean room, brush teeth
8:30-9:00	Morning Meeting	Zoom Meeting Worship, Calendar, Prayer, Pledge (Zoom Meeting)  Days of the Week Song  Months of the Year Song  Zoo Phonics Song and Movements  Worship-Build My Life
9:00-9:30	Recess + Snack	Enjoy a snack and get up and move!
9:30-10:00	TK Literacy	Recorded Lesson Literacy, Read Aloud, Emergent Writing
10:00- 10:30	Fine Motor Enrichment	Build something, art projects, legos, play music/ <u>podcasts</u> , cook/bake, etc. Make sure to clean up after. More ideas below.
10:30-11:00	Play/Physical Activity	Check MCS Resource Board Family walk, yoga, GoNoodle, social-emotional practices (e.g. Flow is a great one for relaxing and emotional well being)
11:00-11:45	Math	Recorded Lesson
11:45-12:30	Enrichment	Build something, art projects, legos, play music/podcasts, cook/bake, etc.  Make sure to clean up after.  Approved educational apps (e.g.Click on grades PK-2 for some great learning options:  free learning activities)
12:25	Goodbye Song	Goodbye Song
1:15-3:15	Weekly	Sign Up Genius to come

	One-on-One Check In	
Afternoon	Extra Ideas	Food Network for Kids
7:00-8:00	Nighttime Routine	Set out next day clothes, PJs, brush teeth, family reading time

## **Special Opportunities:**

- Free Live Art Lessons
- Celebrated actors reading children's books
- 12 Famous Museums Offer Virtual Tours You Can Take on Your Couch (Video)